



Information from the Director of Coaching

6U Soccer Guidelines

Ages: 4 and 5 Year Olds

Teams: Boys and Girls Separate Divisions

Fields: 1, 2, 3, 4 – Right next to Concession Stand Area

Basics: 15-20 Minute Practice

5 Min Quarters

4 Quarters

Size 3 Ball

Shin Guards

4 on Field

Number 1 Rule as we introduce soccer to players and their families.

We are here to have soccer fun!!!!

| Before the game: | |
|--------------------------|---|
| <input type="checkbox"/> | First Game of the day? Grab two corner flags from equipment room. |
| <input type="checkbox"/> | Pickup game card from porch. |
| <input type="checkbox"/> | Inspect the field for defects, ants, trash, etc. |
| <input type="checkbox"/> | PARENTS ON SPECTATOR SIDE..... PLAYERS W/ COACH ON OPPOSITE SIDE. |
| <input type="checkbox"/> | Line the kids up and introduce everyone. |
| <input type="checkbox"/> | Inspect players for shin guards, no jewelry, no splints, nothing dangerous to self or others. |
| <input type="checkbox"/> | Mini Practice Session for 15-20 minutes |
| <input type="checkbox"/> | Toss a coin.... winner picks end to defend the other kicks off. |

| During the game: | |
|--------------------------|--|
| <input type="checkbox"/> | The maximum number of players on the field at any time will be four (4) per team. <ul style="list-style-type: none">• We play even sided always.• 1 coach per team on the field.• No parents or extra coaches behind the goal.• Substitutions at the quarter or injury. |
| <input type="checkbox"/> | No goalkeepers. (no offense or defense inside the goal area or arc in front of goal) |
| <input type="checkbox"/> | Games will consist of four 5-minute quarters with a 5-minute halftime. Running clock ONLY. |
| <input type="checkbox"/> | No change in regular start of play (kickoff) rules, other than opposing players will be at least five yards away from the spot of the free kick. |
| <input type="checkbox"/> | Sideline - ball out, be generous with the out of bounds line, and when you call it out, please use a quick kick in to restart. |
| <input type="checkbox"/> | Balls kicked out over the goal line (not into the goal) will be KICKED back into play from where they crossed the goal line by a player of the opposing team. |
| <input type="checkbox"/> | No change in regular scoring rules. We don't keep score. We don't keep standing. DISCOURAGE RUNAWAY SCORES!!! (substitute positions on the field) |
| <input type="checkbox"/> | Direct free kicks will be awarded for all fouls, with the opponents five yards away. |

| After the game: | |
|--------------------------|--|
| <input type="checkbox"/> | This is the part they will remember the most!!! |
| <input type="checkbox"/> | Get a Tunnel setup with parents and spectators. |
| <input type="checkbox"/> | Clap, Holler, and Encourage as they all run through it in the same direction!! |
| <input type="checkbox"/> | Popsicle at the Concession Stand. |
| <input type="checkbox"/> | Turn in Game Card. |
| <input type="checkbox"/> | Last game of the day? Grab corner flags and turn them in. |

PIE: Positive Instruction and Encouragement

Soccer: SAFE FAIR FUN !!!!!